

WHAT DO WE BELIEVE AS CHRISTIANS?



As you begin the Growing Families program this month, take time to share your Christian beliefs with your children. You have a copy of the Apostles' Creed to place in your binder or display in your home. Use the cards on a ring to read together and discuss the fundamental beliefs that connect us to the greater church.

Optional ways to discuss this topic with older children:

1. Give each person in the family the opportunity to share their thoughts about what Christians believe.
2. Discuss how your family would share your Christian beliefs with a non-Christian friend.
3. Listen to or watch one of these song versions of the Apostles' Creed:



[Rich Mullins - Creed](#)



[Newsboys - We Believe \(Official Music Video\)](#)



[Newsboys - We Believe, for younger kids](#)

The American Worldview Inventory 2025 found that only **4% of Americans hold a Biblical worldview**. According to Dr. Barna, a person's worldview is almost entirely formed by the age of 13. As parents, you have a profound opportunity to help guide your children as they form a Christian worldview.

Parents, your vulnerability and honesty will give your children permission to ask questions and admit their uncertainties. Children enjoy co-learning with their parents. If your children are too young to engage in questions about faith, simply recite the Apostles' Creed together using the cards. The Growing Families Lending Library has a beautiful children's book on the Apostles' Creed you can borrow. **Books can be checked out at each monthly meeting.**

Spiritual conversations in a safe family setting are a wonderful fruit-bearing way to disciple children. Be creative, playful, and sensitive to your children's attention span. You may discuss something at the dinner table and not hear their response until bedtime or another day. Look for those thin places and holy moments, when your child's heart is tender and they are ready to talk.