

# SPIRITUAL PRACTICE FOR NOVEMBER: SABBATH



## YOUNG CHILDREN

### Books:

- [The One Year Devotions for Preschoolers](#)

### Websites:

- [Family Worship With Little Ones](#)

### Other:

- Make a Sabbath Box of toys/books/games that are only used for your Sabbath time.
- Have a Worship Dance Party
  - [Bible Songs for Toddlers](#)
  - [Christian Songs for Children](#)



## ELEMENTARY CHILDREN

### Books:

- [Indescribable: 100 Devotions for Kids About God and Science](#)

### Websites:

- [Story: Leftovers for God](#)
- [Video: Sabbath with Douglas](#)
- [Remember the Sabbath: Gizmo](#)

### Other:

- Make a Sabbath Box of toys/books/games that are only used for your Sabbath time.

## YOUTH

### Books:

- [The Simple Truth Bible: The Best Minute of Your Day \(365 Daily Devotions for Students\)](#)

### Websites:

- [Sabbath video](#)

### Other:

- Watch a faith based movie and talk about it
- Do a puzzle
- Take a walk
- Turn off your phone
- Light a candle

## PARENT RESOURCES

### Books:

- [Sabbath by Dan Allender](#)
- [Making Sunday Special](#) by Karen Mains

### Websites:

- [The Sabbath Practice](#)
- [Sabbath as a Spiritual Practice](#)

### Podcasts:

- [Seventh-Day Rest](#)
- [Conversation with John Mark Comer](#)

### Songs:

- [Holy Time](#)
- <https://www.youtube.com/watch?v=YLW8aJWT-s4>

### Other:

- [Enjoy a favorite family meal that can be your "sabbath" meal.](#)
- Tech free day



