

May Resource Bag

- May checklist to help you keep track of your progress
- Family Interaction Plan with weekly suggestions
- God's Story game board, dice, and cards in a white envelope
- The book, Breathe (Family Reading Time)
- Worksheet for Dr. Stratton's video. Setting Goals
- What's the Big Idea: Savoring resource list
- Savoring activity page
- Snack to be eaten while savoring
- 5x7 rock wall page (use a marker to write on the rocks)
- Measuring our Family's Growth, a review page to discuss as a family
- You may request flat stones for your family by emailing growing.families@asburyseminary.edu or contacting a team member

*We suggest that you measure your children on your Growing Families Growth Chart this month to see how much they've grown this year.