

# MEASURING OUR FAMILY'S GROWTH

## August: Planning a Family Garden

- Assessed how we schedule and spend time together as a family
- Committed to activities that align with our values
- Planned a weekly time for spiritual conversations and Growing Families gatherings

## September: Tilling the Soil for Faith

- Discussed our family's core Christian beliefs
- Explored how we're shaping our children's worldview
- Talked about each person's God-given purpose

## October: Planting Seeds

- Played the Family Values Game to identify what matters most
- Shared our family values
- Committed to living toward those values

## November: Building a Trellis of Habits

- Developed shared daily, weekly, and yearly rhythms
- Clarified our spiritual practices: i.e., sabbath, prayer, scripture, service, etc.
- Made our Rule of Life visible to the whole family and emailed [Growing Families](#)

## December: Enriching the Soil with Church Tradition

- Practiced rituals from the church calendar
- Reflected on how we pass down faith through traditions
- Began telling our personal faith stories

## January: Companion Planting - Making Community

- Explored ways to share faith through story, service, and welcome
- Embraced hospitality as a way to reflect Christ to others

## February: Pruning Wisely

- Read and reflected on technology's impact on family and faith
- Created a thoughtful, values-based tech plan
- Implemented Spiritual Conversations

## March: Budding and Blooming Together

- Re-evaluated our spiritual habits
- Reflected on how often we're sharing God's story

## April: Seasonal Changes bring Joy and Lament

- Practiced lament and celebration as a family
- Encouraged honest conversations about both joy and pain

## May: A Flourishing and Thriving Garden

- Savored meaningful family moments past, present, and future
- Reflected on how God has grown us this year
- Took inventory of relationships and set goals for continued growth

