



MONTHLY CHECKLIST:

MAY

FORMATION THEME

- ☐ Watch the intro video on the website.
- ☐ Open your activity bag as a family.
- ☐ Practice Savoring this month.
- ☐ Read the book, Breathe, as a family.
- ☐ Read 'Measuring Your Family's Growth' and look for this year's growth in your family.

TELLING GOD'S STORY

- ☐ Play God's Story board game.

MARRIAGE & FAMILY (FOR PARENTS ONLY)

- ☐ Watch Dr. Stratton's video on setting Goals
- ☐ Read and discuss the worksheet on setting Goals
- ☐ Schedule a free session at the Counseling Center.
- ☐ Write in your journal the key ideas you want to work on from Dr. Stratton's videos.

MONTHLY MEETING

May 11th

5 - 7 pm

- ☐ Enjoy dinner at the Community House.
- ☐ Engage in worship
- ☐ Small groups for all ages.
- ☐ Check out books at the Lending Library
- ☐ If you are unable to attend, send your feedback to growing.families@asburyseminary.edu