

# MARCH 2026

## BUDDING AND BLOOMING



**Spiritual Practice:**  
Spiritual Conversations



**Bible Story:**  
God's Kingdom Grows



**Memory Verse:**  
Mark 16:15 ICB



## INTRO TO THIS MONTH'S THEME

*from Laura Hunter, GF Program Director*

This month, Growing Families will practice Spiritual Conversations. We found great content on how to lead your children in deep conversations. If you haven't read [The Spiritually Vibrant Home](#), read Chapter 5, Loud Tables: helping our households have Spiritual Conversations. Another great resource is *Axis*, a Christian media group that equips parents of teens in the art of conversation. *Axis* shared a video with us. You can use the QR code on page 6. If you are looking for a way to discuss US and World news with your family, subscribe to Decaf (The Pour Over for Families), a politically neutral news source with a Christian worldview. The Digging Deeper section on page 6 has a link.

A lifetime of conversations with your children is so important. Your job as parents is to listen with your whole self and allow the Holy Spirit to guide your time together. This is the practice of holy listening. Choose to embody a holy curiosity about your child and listen for what God may be saying through them. Being a listener is sacrificial, yet God meets both you and your children in the middle of the conversation. If you aren't learning more about the heart of God from your children, you aren't listening well.

# FAMILY ENGAGEMENT PLAN: WEEK 1

Gentle reminder that this is not a to-do list. Feel free to pick and choose what works for your family. The goal is connection over perfection.

## FORMATION

- Open your Resource Bag and read the curriculum for March. Choose a day once a week to engage in Growing Families activities together. (10 minutes)
- If you weren't at the February dinner to hear Laura Hunter introduce this month's opportunities, you can use this QR code to view it. (10 minutes)  
This video introduction is from the February 22<sup>nd</sup> dinner.
- Look back at your Rule of Life from November. Are you following your new Spiritual Habits?



## TELLING GOD'S STORY

- Watch God's Story video with your children ( 10 minutes).  
Use this QR code here →
- Interact with the story pieces while watching the video or use them to retell the story later. Pentecost hats are in your resource bag to cut, staple, or tape together if the children want to wear them.



## MARRIAGE & FAMILY

- Wednesday, March 4<sup>th</sup> come to Cordelia with Dr. Russell Hall— discussion topic is "Technology and your family". Let us know if your children need childcare. Come at 11:30 for lunch. Don't Miss This!

# FAMILY ENGAGEMENT PLAN: WEEK 2

Gentle reminder that this is not a to-do list. Feel free to pick and choose what works for your family. The goal is connection over perfection.

## FORMATION

- ❑ Read Part 1 of the Lenten book Make Room together. Look for the reader's guide inside your book. Families with Babies and Toddlers read Make Space for Jesus. (10 minutes)
- ❑ Make the pretzel recipe for a Lenten snack. (30 minutes) Surprisingly delicious and easy!
- ❑ Continue using your 40 Lent Cards while on the go. (1-2 minutes for each card)

## TELLING GOD'S STORY

- ❑ Parents, read "The Power of Stories to Change Us", found in your curriculum, before you interact with the March Family Response to God's Story.
- ❑ Parents, read God's Story Part 2 titled, "Family Response to March". Then share it with your children. (15-20 minute activity) It has eternal benefits for your family!

## MARRIAGE & FAMILY

- ❑ Parents, watch the video with Dr. Russell Hall titled, Open Up, Be Present, Do What Matters. (14 minutes)
- ❑ Parents, discuss both pages of Dr. Hall's notes for this video, found in your curriculum.



# FAMILY ENGAGEMENT PLAN: WEEK 3

Gentle reminder that this is not a to-do list. Feel free to pick and choose what works for your family. The goal is connection over perfection.

## FORMATION

- Read Part 2 of the book Make Room as a family. (15 minutes)
- Rewatch the Rule of Life video and discuss how your family is following the Rule of Life you created in November. (2 minutes) QR for this video



## TELLING GOD'S STORY

- Teens and families, Steph Peterson leads you through inkwash painting on watercolor paper. Notice how the ink spreads just as God's Kingdom has spread over time. Use the plastic tablecloth so you don't stain your table!
- Toddlers and families can tell God's Story using the Rhyme Cards. Watch Steph Peterson's video here →



## MARRIAGE & FAMILY

- Attend the lunch discussion at 12 PM in the President's Dining Room (this is a room change) on Thursday, March 19th, with Dr. Russell Hall. Remember to register your children for childcare.
- Families attend the Breakfast at the Community House on Saturday, March 21<sup>st</sup> at 9:30 am. Email us at [growing.families@asburyseminary.edu](mailto:growing.families@asburyseminary.edu) to RSVP by Thursday, so we have enough food. Use this QR Code to register.



# FAMILY ENGAGEMENT PLAN: WEEK 4

Gentle reminder that this is not a to-do list. Feel free to pick and choose what works for your family. The goal is connection over perfection.

## FORMATION

- Read part 3 of the book Make Room as a family.
- Spend time using the Conversation Cards with your family.

## TELLING GOD'S STORY

- Invite friends over to your house or visit them, and share your family's purple-dot map. Ask your friends to tell you a story about where in the world they have spread God's Kingdom. Pray together for the people and places where your friends have shared the Good News.

## MARRIAGE & FAMILY

- Parents watch this 10-minute video from our friends at Axis. If you have teens, their content is so helpful. Sign up for their email list! You won't be sorry.



# BONUS SECTION: DIGGING DEEPER

Browse these activities after you've completed your family engagement plan.



Scan this code to visit this month's Recommended Materials page on the Growing Families website. All of these links and more can be found there.

## READ

- Book: Spiritually Vibrant Home, chapter 5, Loud Tables: Helping your households have Spiritual Conversations. (found in your January Resource Bag)
- Free Book Online: [The Art of Spiritual Conversations with Kids](#)
- [How to Turn A Conversation to Christ](#)

## WATCH/LISTEN

- VIDEO: [Helping Children Talk About God](#)
- VIDEO: [One Conversation Could Change How You Parent Forever \(Teens\)](#)
- [Video Shorts from Lacy Borgo](#), author of the book Spiritual Conversations with Children

## ENGAGE

- <https://decaf.thepourover.org/> This is an email newsletter for families to discuss US or World News together from a Christian Worldview.
- <https://axis.org/> is a resource for Christian parents. Check it out!
- [20 Engaging Questions to Ask Kids In Church \(or at home!\)](#)
- [Topics for Discussion with Teens](#)