



# GOALS

*"Coming together is a beginning; keeping together is progress; working together is success." —Henry Ford*

## ACHIEVING YOUR GOALS...TOGETHER

Clarify and define your personal, couple, and family goals for the next few years. Then share them with your partner. Remember your goals should be realistic and clearly stated.

Partner 1 Goals	Partner 2 Goals
<p style="text-align: center;"><b>Personal Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p style="text-align: center;"><b>Personal Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p style="text-align: center;"><b>Couple Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p style="text-align: center;"><b>Couple Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>
<p style="text-align: center;"><b>Family Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>	<p style="text-align: center;"><b>Family Goals</b></p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p>

### COUPLE DISCUSSION

- Were you surprised by any of your partner's goals?
- Which goals are most important to you right now?
- What are the current issues surrounding these goals?
- How do your partner's goals complement or compete with yours?
- How can you each contribute to achieving these goals?
- What will be the first step to make this goal become a reality?

