

FEBRUARY VALUE CARD GAME

HOW TO PLAY

- Place the value cards (from the Oct Resource Bag) in the center of the table
- Choose one player to read the response prompts
- Players take turns choosing a card from the pile
If the card represents something the player truly values, they respond to the prompt
If not, they may choose another card and respond to the prompt
- Play through all 50 cards.



Families or individuals can also use these cards to help choose their top 3 - 5 values.

Prompts for cards #1-50

1. Liking myself.

I like myself and am glad God made me. One of the things that I like about myself is _____.

2. Being adventurous.

I enjoy visiting new places and trying new things. One new thing I would like to try is _____.

3. Standing up for what is right.

When someone is being hurt, I _____.

4. Being myself.

I feel like I'm being me when I _____.

5. Enjoying beautiful things.

Several beautiful things I enjoy are _____, _____, _____.

6. Caring about others.

I especially like to care for others by _____.

7. Being with others.

When I am in a conversation with someone, I try to pay attention by _____.

8. Helping others.

When our family is trying to get something done, I like to help by _____.

9. Working together with others.

I like to help my family by _____.

10. Being brave.

One time I felt brave was when I _____.

11. Being creative.

I love being creative and using my imagination, especially _____.

12. Being curious.

I have lots of questions and love to discover new things. One thing I am curious about is _____.

13. Being encouraging.

When I see someone trying hard or doing a good job, I like to _____.

14. Treating everyone like I want to be treated.

When I see someone having a hard time, I respond with _____.

15. Being strong and healthy.

I like to take care of my mind and body. My favorite way to be healthy is _____.

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16. Being able to change plans easily.

When plans change, I can easily move to a new plan and be just as happy. An example of this would be _____.

17. Being free to choose how I do things.

Why is freedom important to me?

18. Being a good friend.

One way to be a good friend is _____.

19. Being able to forgive people.

How do I show someone that I forgive them?

20. Having fun.

One fun thing I love to do is _____.

21. Being generous or giving to others.

One gift I gave someone was _____.

22. Being grateful.

Here is something for which I am grateful:
_____.

23. Being honest.

I tell the truth because: _____.

24. Being funny/making people laugh.

I love to be funny and tell jokes, but not laugh at other people. This is something I think is funny: _____.

25. Relaxing or enjoying life. This is something I like to do to relax _____.**26. Being fair.**

When I see something unfair, I typically respond with _____.

27. Being a kind person.

Being kind to people and myself is one of the most important things I can do. One way I like to be kind is to _____.

28. Being a loving and caring person.

It is easy for me to show people that I love them. One way I choose to do that is to
_____.

29. Being neat and organized.

I like to keep my belongings organized and my spaces clean. The way I do this most often is to _____.

30. Having an open mind.

When I disagree with someone, I might ask this question, to understand them better:
_____.

31. Being patient.

I am a patient person. I like to wait for my turn. Something worth waiting for is _____.

32. Working hard and not giving up.

When I try to do something, and it doesn't work, I keep working at it. Here is something I might say to myself: _____.

33. Being respectful.

I treat other people with respect. Someone I respect is: _____.

34. Being responsible.

I take responsibility for: _____.

35. Feeling safe and secure.

I feel safe when I am _____.

36. Being good at something like sports, reading, music, or other activities.

I'm working at being good at _____.

37. Being in control of my thoughts, feelings, or actions.

When I know I have a choice between something good and something bad, I try to do what is good for me. Here is an example:
_____.

38. My relationship with God.

My favorite way to spend time with God is
_____.

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39. Learning new skills.

I am good at doing this _____. I work hard at getting better at this skill so I _____.

40. Helping other people.

I like to help others. My favorite way to be helpful is to _____.

41. Being someone people can trust or count on.

I want to be trusted and to trust others. An example of how I can help people trust me is to _____.

42. Spending time with family.

One of my favorite things to do with my family is _____.

43. Being good to my siblings.

I'm good to my sibling(s) because I love them. One thing I try to do for my sibling(s) is to _____.

44. Being popular or famous.

I'd like to be well known for doing: _____.

45. Making my parents or family proud.

I think my parent(s) or family are proud of this part of who I am: _____.

46. Having money or material things.

I value money or things because _____.

47. Having lots of knowledge.

I like learning about these topics _____.

48. Being a good role model.

I influence others for good by _____.

49. Having a career.

If I could choose my career right now, I would do this _____ because _____.

50. Making good decisions/choices.

One good decision I made today was to _____.

