

## Compass activity

Scriptural values or character traits (for example love, compassion, kindness, etc). are like a compass. They provide clear direction for our journey as a family. They show us how to become more like Jesus. They also help navigate the challenging times in our family when we may feel like we've lost our way. When this happens, we stop... look at our compass... remind ourselves of what we hold valuable... and redirect our ways. The compass activity is a walking exercise, a visual reminder of our walk through life with Christ, and a way for our family to read how scripture teaches Christian values.

### Needed items for this activity:

- The gold compass from your activity bag
- These directions
- A bible to look up verses
- A phone to take a family picture

### How to play:

- Go outside and stand on the sidewalk in front of your house.
- Use your compass to tell you which way to go.
- Allow different family members to choose the number of steps to take each time you change directions. ( for example, 10 steps, 25 steps, 50 steps, you choose). You may have to go around buildings or move to a safer place if your steps take you too far. Set your step limit by the distance you want to walk.
- Take turns reading a scripture verse at each stop and count how many values you can find in the verse.
- You may stop walking when the family is tired. Finish the game at home.

Try saying these words when you look at your compass and the scripture verse. It should be light-hearted and sound like a cheer. Don't be afraid to be silly on this walk.

When you are ready to look at the compass for direction, ask the family, "Do you want to know which way to go?" They respond with, "Show me the way!"

When you stop to read the scripture for direction, ask the family, "Do you want to know which way to go?" They will respond with, "Show me the way!"

1. Find East on your compass. Choose how many steps to take in that direction.  
Stop and read [Philippians 4:8](#). Count how many values you find.

2. Find South on your compass. Choose how many steps to take in that direction.  
Stop and read [Galatians 5:22-23](#). Count how many values you find.

3. Find West on your compass. Choose how many steps to take in that direction.  
Stop and read [Micah 6:8](#). Count how many values you find.

4. Find North on your compass. Choose how many steps to take in that direction.  
Stop and read [Proverbs 22:6](#) Why is this verse important?

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5. Find East on your compass. Choose how many steps to take in that direction. Stop and read Colossians 3:12-14. Count how many values you find.
6. Find North on your compass. Choose how many steps to take in that direction. Stop and read 1 Corinthians 13:4-7. Count how many values you find.
7. Find West on your compass. Choose how many steps to take in that direction. Stop and read James 3:17. Count how many values you find.
8. Find South on your compass. Choose how many steps to take in that direction. Stop and read Proverbs 10:9. Count how many values you find.
9. Find East on your compass. Choose how many steps to take in that direction. Stop and read 2 Peter 1:5-8. Count how many values you find.
10. Find South on your compass. Choose how many steps to take in that direction. Stop and read Ephesians 4:32. Count how many values you find.

**Take a picture of your family to show where you ended up, then head home. Put this sheet back in your curriculum notebook.**

You'll find YouTube song versions of the scripture passages on your resource page on the Growing Families website.